

## Patet Pashemani Part 4 of 4

Zarathosti Deen is composed of Triad that is **Mithra, Manthra, Yasna**. Observe tarikaats as much as you can, and with full faith, and with descretion without making a show of it to others. The practice of Tarikaats is not to be advertised to the critics as it is not worth showing to todays materialistic age our own practice. Nevertheless today we are surrounded by Druji everywhere.

In Vendidad different Cantagions or Drujis are mentioned. They are known as 1) "**Hamrit**" or Direct contagion , 2) "**Patrit**" or Indirect Contagion, and 3) "**Uprit**" or Contagion of the Air. We are supposed to make ourselves and our houses as Druj Proof no matter if our profession is that of a Doctor, and we do surgeries coming in contact with different Drujis. Whatever may be our profession we are supposed to fulfil our Karma first and side by side practice Tarikaats of "**Druj-Parhej**" . Jehangirji Chiniwalla cited a living example in his lecture by quoting that Dr. Saheb Edulji Koyaji of Pune may Garothman Behest blessings be upon him, he used to practice these Tarikaats without allowing anybody around him to know about it. He used to wear a set of clothes and go out and after coming home in afternoon remove that set of clothes and wear other set of clothes. In his younger days he used to wash his body with a utensil and then only sit for lunch. In evening used to go to clinic, Hospital for visit and come back in night and again rinse his body with water, and sit to pray Manthra Avestavani and than retire for the day with a good night sleep. This is what faith is all about also called as "**Zaradaiti**" .

If one has taken upon himself to do a certain thing than that is done with full dedication and full faith. Jehangirji Chiniwalla further said in his lecture that he does not feel like giving moral lessons to anybody but he was merely spreading knowledge repeating the correct kind of life we are supposed to follow as per our religion. He considered himself to be a Behdin and a Mazdayasni Zarathosti Darvand. He further emphasized the importance of observing Tarikaats and to fortify faith for doing it. Even whilst sitting on Flush Toilets we have to pass Mithra as "**Vanah Sekashtey Saad hazar Baad**" meaning that I regret for the sin (Gunah, or Vanah) thousand times ( saad hazar baad) I am committing by contaminating water with my waste fecal matter ( Please refer to Baaj to be recited before and after going to toilet). This sin I commit because of my bad Keshash and pray that God grant me in my next life better position for me to observe all Zarathosti tarikaats religiously. Come out of toilet wash your exposed parts and do Padyab Kusti. This brief spiritual exercise we have to follow to bind our thoughts with truth and sincerity. Today one does not realize the folly of speaking lies at the drop of a hat, or do back biting, gossip and pass off negative comments for other, we have to remain aloof from such negative practices by any cost as it is considered sinful.

In Sarosh Baaj para starting with "**Panameh yazdan..... .....pa papet hom.**" This para suggests that today's times we are living in is such that we have to run our thoughts Mithra continuously in that direction of above mentioned para of Patet, day in and day out. Jehangirji suggested in his lecture to the audience that we can take Kangaji translation of Patet Pashemani and daily try to read its translation and for further understanding and its Tavail refer to Dr Saheb's Faramroze Chiniwalla's translations in his book "Khordeh Avesta Ba Khshnoom Tavail" and try to decipher each Kardo of Patet Pashemani to youngsters.

Today we claim that there are several schools giving religious knowledge but none of them lay stress on "**Neeti-Shastra**" or Moral science as is stressed in our Zarathosti Deen. "**Dus Andarz**" or Ten Commandments consists of Tarikaat Marg and is basic theme of it, and to bind ten shortfalls of our physical body or faults of flesh in form of serpent sitting ready to strike at will without warning us is also known as "**Azidahak**". Patet Pashemani prayers is instrumental in developing that Mithra in our Psyche.

Patet Pashemani prayers Kardo 6th and 7th are very descriptive and suggestive of Mithra of Patet. The translation and gist of Kardo 6 and 7 in Patet goes as under:- Whatever I was supposed to do I did not do it, and whatever I was supposed to remain aloof from I have done it, and have committed sins for which I regret and repent for it. These two Paras are a very powerful storehouse of Mithra and Mathra which we can memorize in our mind.

The above mentioned is considered as true Neeti Shastra. If we develop such thinking in our mind, than our mind will be in peace and a calmed down state of mind will be ever present. Passions will automatically subside and its seeds within our body will dry up. If we realize that some coward is back biting behind our back than instead of getting agitated in our mind and being vengeful a sort of calm will settle down in our mind and we will in fact think for the betterment of that person like Lord Jesus Christ did in a compassionate way and as mentioned in Bible: "Father forgive them for they know not what they do". Such is usefulness of Patet Pashemani and is such a precious and important prayers for us. After Kusti Padyab if we pray Patet Pashemani prayers than from the Gubaar or store house of Manthra built by Aderbaad Marespand we will surely receive the benefits and blessings.

Translated from Original Gujarati by Firdosh K. Sukhia

**Concluded.**